



Lesson 6

Happy Middle

What you will learn in this video.

1. What exactly the middle voice is and it's importance.
2. Where the middle voice placement is, how it feels, what to think in order to get it and keep it there.
3. Exercises to develop the middle voice and keep it strong

Exercises: (please warm up before doing these)

1. The Bee Buzz: This exercise trains your brain to send the right thoughts to your chords. With this exercise you have the perfect middle voice.
2. Tina Turner Lips: This special exercise makes it easy to find and feel the middle voice and it's special quality.
3. Fat Cheeks: This exercise helps you feel the cross over between the middle voice and the head voice

Like all exercise, do these daily! PLEASE....make sure you are using your „flankens“ . When you feel the tone breaking away, flex that flanken muscle. Your tongue is relaxed and under control like in exercise 2. After doing these exercises, you **MUST** go back and do some placement exercises from lesson 3. Your middle voice needs a bit of the „nasties“ when it comes time to belting in it. All together once you get it down, it should take about 35 minutes.